

祝日スケジュールのご案内

	11月3日(金)	11月23日(木)	
9:00			9:00
10:00	9:30~10:30	9:30~10:30	10:00
11:00	Styke Yoga Flow Eri	Style Yoga Healing miwa	11:00
12:00	10:50~11:50	10:50~11:50	12:00
13:00	Style Yoga Core Eri	Style Yoga Flow miwa	13:00
14:00	12:10~13:10	12:15~13:10	14:00
15:00	Style Yoga Healing miwa	Style Yoga Core YUKA	15:00
16:00	13:30~14:30	13:30~14:30	16:00
17:00	Style Yoga Flow miwa	Style Pillafect YUKA	17:00
18:00	14:50~15:50	14:50~15:50	18:00
19:00	Style Yoga Core SAORI	Style Yoga Healing masami	19:00
	16:10~17:10	16:10~17:10	
	Style Yoga Healing SAORI	Styke Yoga Flow Shiori	
	17:30~18:30	17:30~18:30	
	Style Pillafect Itsuku	Style Yoga Core Shiori	
営業時間	9:00~19:00	9:00~19:00	営業時間